CLAIMS

- A method of managing fitness data, the method comprising:
 converting hand-marked fitness data to electronic fitness data; and
 displaying fitness information based on the electronic fitness data.
- 2. A method in accordance with claim 1, wherein the converting comprises: scanning a fitness data record including the hand-marked fitness data to produce a digital image; and processing the digital image to recognize characters of the hand-marked fitness data to produce the electronic fitness data.
- 3. A method in accordance with claim 2, further comprising:
 transmitting the electronic fitness data through a communication network
 to a user terminal, wherein the displaying is through the user terminal.
- 4. A method in accordance with claim 3, wherein the processing comprises: analyzing the hand-marked fitness data with an intelligent character recognition (ICR) process.
- A method in accordance with claim 3, wherein the processing comprises:
 analyzing the hand-marked fitness data with an optical mark recognition
 (OMR) process.
- 6. A method in accordance with claim 3, wherein the processing comprises: analyzing the hand-marked fitness data with an optical character recognition (OCR) process.
- 7. A method in accordance with claim 3, wherein the hand-marked fitness data comprises handwritten characters expressing characteristics of a physical activity.
 - 8. A method in accordance with claim 7, wherein the handwritten characters

express a number of repetitions of the physical activity.

- 9. A method in accordance with claim 7, wherein the handwritten characters express a number of sets of the physical activity.
- 10. A method in accordance with claim 7, wherein the handwritten characters express a weight used during the physical activity.
- 11. A method in accordance with claim 7, wherein the handwritten characters express a physiological condition of a user during the physical activity.
- 12. A method in accordance with claim 7, wherein the handwritten characters express an environmental condition during the physical activity.
- 13. A method of managing fitness data, the method comprising:

 scanning a fitness data record including the hand-marked fitness data to produce a digital image;

converting the hand-marked fitness data to electronic fitness data by processing the digital image to recognize represented values of the hand-marked fitness data; transmitting the electronic fitness data through a packet switched network to a user terminal in response to a user request; and displaying fitness information based on the electronic fitness data.

- 14. A method in accordance with claim 1.3, wherein the processing comprises: analyzing the hand-marked fitness data with an intelligent character recognition (ICR) process.
- 15. A method in accordance with claim 13, wherein the processing comprises: analyzing the hand-marked fitness data with an optical mark recognition (OMR) process.
- 16. A method in accordance with claim 13, wherein the processing comprises: analyzing the hand-marked fitness data with an optical character recognition (OCR) process.

- 17. A system for managing fitness data, the system comprising:

 a scanning device for scanning a data record comprising hand-marked fitness data:
- a data processor for converting the hand-marked fitness data into electronic fitness data; and
- a user terminal for displaying fitness information based on the electronic fitness data.
- 18. A system in accordance with claim 17, further comprising:

 a server for generating the fitness information based on the hand-marked fitness data.
- 19. A system in accordance with claim 18, wherein the server is for transmitting a fitness information message based on the fitness information through a communication network to the user terminal.
- 20. A system in accordance with claim 19, wherein fitness information message is formatted in accordance with hypertext markup language techniques and the communication network includes an Internet.
- 21. A system in accordance with claim 19, wherein the data processor comprises an automated data collection engine for generating the electronic fitness data based on a recognition of hand-marked fitness data values of the hand-marked fitness data.
- 22. A system in accordance with claim 21, further comprising:

 a data verification engine for verifying an accuracy of the electronic fitness data.
- 23. A system in accordance with claim 21, wherein the hand-marked fitness data comprises handwritten characters expressing characteristics of a physical activity.
 - 24. A system in accordance with claim 23, wherein the handwritten characters

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express a number of repetitions of the physical activity.

- 25. A system in accordance with claim 23, wherein the handwritten characters express a number of sets of the physical activity.
- 26. A system in accordance with claim 23, wherein the handwritten characters express a weight used during the physical activity.
- 27. A system in accordance with claim 23, wherein the handwritten characters express a physiological condition of a user during the physical activity.
- 28. A system in accordance with claim 23, wherein the handwritten characters express an environmental condition during the physical activity.
- 29. A system in accordance with claim 21, wherein the fitness information comprises graphical information conveying a relationship between two or more fitness data values.
- 30. A system in accordance with claim 17, wherein the fitness information comprises a table conveying a relationship between two or more fitness data values.
- 31. A system in accordance with claim 17, wherein the fitness information comprises written text conveying a relationship between two or more fitness data values.
- 32. A server for managing fitness data, the server configured to generate fitness information from electronic fitness information derived from a digital image of a data record comprising hand-marked fitness data.
- 33. A server in accordance with claim 32, the server further configured to transmit a fitness information message based on the fitness information through a communication network.
- 34. A server in accordance with claim 33, wherein the fitness information message is a hypertext markup language (HTML) message.

- 35. A server in accordance with claim 33, wherein the hand-marked fitness data comprises handwritten characters expressing characteristics of a physical activity.
- 36. A server in accordance with claim 35, wherein the handwritten characters express a number of repetitions of the physical activity.
- 37. A server in accordance with claim 35, wherein the handwritten characters express a number of sets of the physical activity.
- 38. A server in accordance with claim 35, wherein the handwritten characters express a weight used during the physical activity.
- 39. A server in accordance with claim 35, wherein the handwritten characters express a physiological condition of a user during the physical activity.
- 40. A server in accordance with claim 35, wherein the handwritten characters express an environmental condition during the physical activity.
- 41. A server in accordance with claim 33, wherein the fitness information comprises graphical information conveying a relationship between two or more fitness data values.
- 42. A server in accordance with claim 33, wherein the fitness information comprises a table conveying a relationship between two or more fitness data values.
- 43. A server in accordance with claim 33, wherein the fitness information comprises written text conveying a relationship between two or more fitness data values.